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Why Apply for Erasmus+?

I applied for the Erasmus+ exchange program to experience different cultures, gain international academic exposure, improve my language skills, and enhance my career opportunities by studying at a renowned foreign institutions. This experience is crucial for my personal and professional growth, allowing me to broaden my horizons and develop a global perspective.



Your Stay at the Host Institution?

My stay at the host institution was enriching and fulfilling. The university provided excellent services for foreign students and strong academic support. The international office was always available to assist with any issues, ensuring a smooth transition and stay. I had the opportunity to interact with a diverse group of students from different backgrounds, significantly enhancing my intercultural understanding and communication skills. Collaborating with international and domestic students in laboratory work and participating in various outings allowed me to integrate well and make lasting friendships. The Erasmus+ experience has been invaluable in expanding my academic knowledge and personal development.



The Lectures/Lab work?

Making a comparison between my home university and the host university, I found that both institutions are committed to delivering high-quality education and fostering a welcoming environment for curious minds. The professors at both universities are knowledgeable and dedicated to imparting their knowledge to students.

In terms of teaching quality, both universities are commendable. However, there are notable differences in the laboratory facilities. At my host university in Poland, the laboratories are more well-equipped and advanced compared to those at my home university. Each department has its own dedicated, well-equipped laboratory, which provided me with the opportunity to learn how to use various machines and carry out different laboratory works and analyses.

This level of access and hands-on experience was more extensive than what I had at my home institution.

Apart from the superior laboratory facilities and the opportunity to use advanced equipment at the host university, I would say that both institutions are on par in other respects, including the quality of education and support for students.



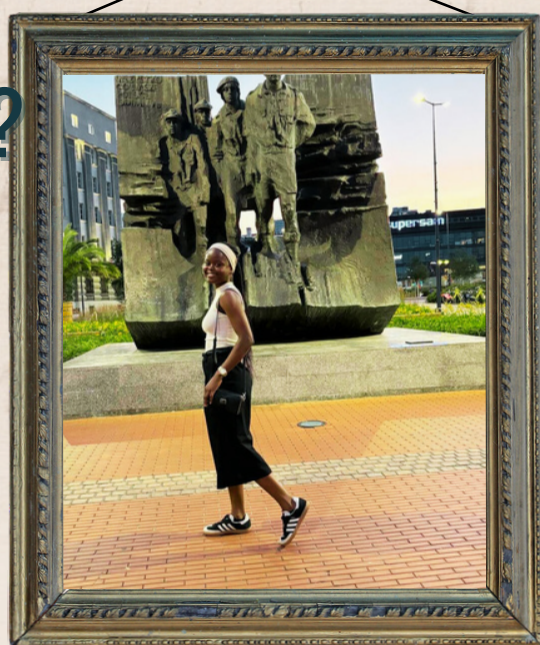
The Culture/Nature/Tradition?

What stood out to me about Polish culture was its deep-rooted traditions and rich history. Although I mainly interacted with international students from

Spain, Japan, and the Netherlands, I was fascinated by the Polish people's strong sense of community and pride in their cultural heritage. One particular

aspect that intrigued me was the celebration of traditional festivals, such as Easter, which was marked by unique customs and elaborate feasts.

This deep connection to tradition and community spirit is something I found truly unique and captivating about Polish culture.





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Best Part of the Experience?

The most beautiful part of my Erasmus journey was studying in a country different from what i am used to. It challenged me, helped me discover my own strengths, and opened my mind to new perspectives. One unforgettable highlight was a trip to the Baltic States with other Erasmus students from all over Poland. Exploring Lithuania, Latvia, and Riga, and making new friends was an experience I will cherish forever. If you're unsure about applying for Erasmus, I urge you to take the leap. It's an opportunity to grow personally, develop new skills, and create memories that will stay with you for a lifetime.



The Skills/Knowledge Gained?

During my Erasmus program, my communication skills significantly improved. I learned how to connect with people from diverse backgrounds, navigating different accents, intonations, and conversational styles. This experience also enhanced my human relations skills, teaching me how to manage interactions with people from various cultural backgrounds and understand different perspectives. Overall, Erasmus helped me become more adaptable and effective in building relationships.



Any Last Thoughts or remarks?

I wanted to extend my heartfelt thanks for all the support and guidance you provided throughout my Erasmus exchange in Poland. Your timely responses to my questions and the assistance you offered whenever I was confused made a significant difference in my experience. I am also very grateful for your efforts in ensuring that my Erasmus stipends were received on time. Thank you for making this opportunity possible and for contributing to such a memorable experience.

